

Rules for PIERRA MENTA 2012

Organisation

Every day competitors will be required to achieve in total an ascent of between 2 000 to 3 000 m.

With an upward or downward gradient of about 45°.

Ropes and crampons, harness should be used in some sections if it seems necessary to the organizers for safety reasons.

Pierra Menta



Rules

- 1 Male, female or mixed teams. Each team will consist of two skiers.
- 2 Starting time is chosen by organisers for each stage.
- 3 At any time, whenever it seems necessary, organizers will have the right to alter the program for safety reasons. If the organizers have to cancel all the race or a part of it, no repayment will be made.
- 4 If necessary a time "allowance" may be given for each stage.
- 5 Not until both members have reported at any checkpoint can the team be allowed to proceed.
- 6 The team's time will only be recorded when both competitors have crossed the finishing line together. The latest team mustn't pass the arrival more than 90 % plus the first team of any categories at the risk of disqualification.
- 7 Each competitor must clearly wear their helmet and numbers all the time: one on the rucksack and the other one the upper part of their right thigh.
- 8 Any team in difficulty can give up voluntarily or be taken off the course by the organizers. If one of the members of the team drops out, his team-mate can finish that stage with the finisher. Competitors are only allowed to drop out or be taken off the course at check points. In case of abandonment or when some competitor puts himself in a case of "outrun", teams won't be allowed to take race departure for the following stage. Team must give back their DAG to the organizers.
- 9 A daily podium will be organized on the arrival area.
- 10 All competitors will be classified in their respective categories every day. After the four days, competitors that have completed their routes (within the time decided by the organisation) and have obeyed the regulations will be classified. Each day, at the briefing, the organizers will call the winners. Penalties can be given in case of absence. If teams are equally placed, hundredth timing will be done.
- 11 The competition will consist of 2 categories:
 - 1/ women's teams
 - 2/ mens teams and mixed teamsEspoir teams are classified with Senior and "Espoir" will be mentioned
- 12 All claims about the progress of the race must be written to the organisation, no later than one hour after the results are claimed in the Salle de la Chaudanne of Arêches at 4 pm.
- 13 Decisions, as regards any complaints, will be taken according to the french translation of the rules.
- 14 In case of accident, declaration must be done by the injured person in time to his own insurance, the organisation never insure any competitors.
- 15 The participants in the Pierra Menta mountain ski competition allow organisers and eligible third parties such as sponsors and media to make use of photos and audiovisual material produced during the competition, on which they may appear. This also applies to publicity and advertising documents, worldwide and for the length of time foreseen in the legislation.

16 Organisers can't be responsible of materiel or clothes belonging to racers: only clothes packed in the bag given at the arrival control will be carried to the arrival area.

17 Only clothes packed in bags supplied by the organization will be bring in the bungalow on the finish area.

18 Under no circumstance will the organizers be held liable for damages caused by the non-compliance of the participants' equipment, which would not have been detected during the conformity checking operations. Teams will be checked (Numbers and DVA) at the entrance of their departure line.

19 Racers must follow instructions about parking and must have winter equipment for car.

20 The organizers can't held liable if a racer get an accident in case of bad health or insufficient training.

21 Broken material may be changed only at check point.

Obligatory gear per head

1 Skis must be at least 60 mm wide at the rail base with steel edges on 90% of the length. Length of skis must be more than 160 cm for men and 150 cm for women. The bindings will allow free heels for climbing and their locking down for the downhill with a lateral and frontal release system.

2 Boots must be high enough to cover the ankles. Notches must covered 75 % of the soles and be deep enough (more than 4 mm). Racers must be able to fix crampons on their boots.

3 One pair of spare climbing skins.

4 1 rucksack. For safety, each member of team must carry his own rucksack with safety materiel

5 25 mm diameter sticks with plastic rings.

6 Survival blanket (more than 1.80 m²).

7 1 liter water full bottle.

8 Upper body clothings; a minimum of three, correctly fitting, long sleeves layers, one of them must be waterproof, and one of fleece (polair 200). The organisation may ask for a fourth cloth depending of the weather forecast. A control will be made at arrival control in Chaudanne hall

9 Lower body clothings; a minimum of two, correctly fitting, full-lenght layers, one of them must be windproof.

10 As weather forecast can badly change, rescue may be very long in case of an accident, have warm clothes.

11 1 pair of goggles. headband. gloves and whistle.

12 1 cap lamp in working order.

13 An avalanche detector positioned directly on the body, DVA frequency 457 khz (EN 300718) (UIAA or CE).

14 A snow shovel with out any modification to the original design (ISMF).

15 Crampons with at least ten spikes of which two at the front with safety strap (norme UIAA 153).

16 Harness, 2 usable slings (via ferrata type), 2 swivels hooks (UIAA 105).

17 First aid kit; a sealed (unopened) compressive dressing/Torniqué.

18 Pole of 2.4 m length and between 10 mm large as diameter.

19 Helmet mountain style (UIAA 106) compulsory.

20 The gear will be checked on Wednesday the 14th of March from 2 to 5 pm in Salle de la Chaudanne.

Penalties

Penalties will be assigned in case of:

1 Any missing objects required by the organizers at the gear control stand

2 Competition numbers wearing non respected

- 3 Uncomplete team for departure at controls
- 4 Outside assistance during competition
- 5 Abandoning equipment or dropping trash (of any kind)
- 6 Competitor not carrying himself his own rucksack
- 7 At each briefing, rented material must be given back. Missing rented material at each briefing. Penalties are given by the organizers from 30 sec up to disqualification

Disqualification

- 1 Leaving before starting time. Without passing at one checkpoint by a team.
- 2 Reckless attitude or serious mistake.
- 3 In case of positive drug testing results.
- 4 For any security missing or not conformed material.
- 5 Each competitors must respect everyone on the race (organizers, volunteers and other racers).
- 6 Passing the arrival more than 90 % plus the first team of any categories.

Reward

Men/Mixt: 1st 3000 €, 2nd 2000€, 3rd 1500€, 4th 1000€, 5th 500 €
Women: 1st 3000 €, 2nd 2000 €, 3rd 1500 €

Enrolment and fees

Enrolment only on website www.pierramenta.com (have explanation on page 17)

- 1 Number of teams is limited to 190
- 2 Fees 850 € per team. It includes the following lodging and full board from Wednesday 14th of march 2012 at dinner time to Sunday 18th of march after breakfast. Lunch meal is offered to each racers before rewards ceremony
- 3 Rations needed during the race must be provided by the competitors
- 4 Competitors must arrive on Wednesday 14th march 2011 from 2 to 5 pm for registration controls
- 5 Each team must bring bath towels

Withdrawal

In case of withdrawal, the organisation will keep
30 € per team if notified before 12th of February
60 € before 29th February
100 € before 8th march
850 € after 8th march

No changing team member will be allowed unless the request occurs at least a fortnight before the race, with 100 € fee to be paid.

Electronic timing

Your dag stuck on your helmet will make you detected before departure, at the different lap points and at the finish line. No Dag, No ranking !

www.dag-system.com

Only french rules will accepted in case of problem.